

Annex A

[Parent Opt-out Form –This section is applicable only if parents wish to opt their child out of the Growing Years programme.]

Date: _____

Parent's Name: _____

Parent of (Child's name): _____

Mr Manogaran s/o Suppiah

Serangoon Junior College

Dear Principal

THE GROWING YEARS PROGRAMME FOR YEAR 2017/2018

1. I would like to withdraw my child, _____, of _____ from the *Growing Years* programme for 2017/2018.

2. My reason(s) for my decision to opt my child out of the programme:

- Religious reasons
- My child is too young.
- I would like to personally educate my child on sexuality matters.
- I do not think it is important for my child to attend Sexuality Education lessons.
- I have previously taught my child the topics in the *GY* Programme for this year.
- I am not comfortable with the topics covered in the *GY* Programme for this year.
- Others: _____

3. Thank you. _____

Parent's Name & Signature

Contact No. (mobile)

Email address (optional)

Annex B

Dear Sir/ Madam



eTeens
STIs (Sexually Transmitted Infections) /
HIV (Human Immunodeficiency Virus)
Prevention Programme in Schools

1. In view of the increasing number of STIs reported among youth aged 10-19 years¹, HPB, in collaboration with the Ministry of Health (MOH) and the Ministry of Education (MOE), developed an STIs/HIV prevention programme titled *eTeens* for students in secondary schools and JC/CIs. The programme aims to raise awareness on STIs/HIV, inform students about ways to prevent infection and discourage risky sexual behaviours. Abstinence and upholding family values are the key messages in the programme.

2. *eTeens* comprises of an assembly talk. It covers information on the transmission modes of STIs, the signs, symptoms and consequences of contracting STIs/HIV, effective methods of preventing infection including abstinence from pre-marital sex, being faithful to one's partner in the context of marriage as well as condom use. *eTeens* is conducted in schools by trained personnel from HPB. A factsheet on the programme, which is available on the MOE website², is enclosed.

3. If you do not wish your son/daughter/ward to attend this programme, please complete the form on the next page and return it to the school. For any clarification regarding this programme, please email us at hpb_yhp@hpb.gov.sg.

Thank you.

Yours sincerely

Ms Nirmala Palaysamy
Deputy Director
School Partnerships
School Health and Outreach Division
Health Promotion Board

¹ Reported cases of STIs among youth aged 10-19 years increased from 238 cases in 2002 to a peak of 820 cases in 2007.

² www.moe.edu.sg/education/programmes/social-emotional-learning/sexuality-education